**SCRIPT**

**FEMALE:**

We know how hard it is to tell someone, to tell anyone, when you’ve been harmed by a sexual experience. And because we know how hard it is to tell, Safe to talk is set up in a way you can feel okay connecting with a professional, trained, counsellor.

**MALE:**

And because we know you’ll want to feel in control when you do tell someone, you can say as much, or as little, as you want.

**FEMALE:**

And maybe you won’t want to say anything at all. And that’s also okay at “Safe to talk”.

**MALE:**

It’s also okay to get in touch if you’re having thoughts about hurting someone else in a sexual way. Maybe you have already harmed another person and you want to talk, or connect, with someone about this.

**FEMALE:**

If you’re dealing with sexual harm, whether it’s happening right now, or maybe it happened a long time ago, there are a whole lot of ways you can choose to connect with us.

**MALE:**

You might want to call on a landline or mobile. Or you can connect by using webchat, by texting, or email.

**FEMALE:**

However you choose to connect with us, its confidential, and, if you don’t want to tell us

who you are, that’s okay too.

**MALE:**

You can choose a male or female counsellor, and, if you’d don’t want to speak in English we can arrange for someone who speaks the same language as you. If you want to connect with a service in your area, we can help with that too.

**FEMALE:**

If you’re worried about what’s happening to a friend, or family member, it’s also okay to get in touch. We can provide help for you, and, give you information about how to help someone else.

**MALE:**

Sexual harm happens in all our communities.

**FEMALE:**

It can affect anyone of us, at any time of our lives.

**MALE:**

At “Safe To talk” we’re here for you 24 hours a day, seven days a week

**FEMALE:**

At Safe to talk we won’t make any judgements. We are here to help.